The official email of the 18th Asian Seniors Bowling Championships is secretary@japan-bowling.or.jp . Effective immediately, all communication regarding the Championships should be made through this email address, with the email subject header as “ASBC 2026[Country Name]”.

4. EVENT SCHEDULE

Date	Day	From	To	Event
24-Oct	Saturday	All Day		Last day of arrival of teams
		8:30	10:00	Lane Maintenance
		10:00	20:00	Lanes available for booking for unofficial practice
		17:30	18:30	**Team Managers Meeting at Omura J Bowl**
25-Oct	Sunday	8:30	10:00	Lane Maintenance
		11:00	18:00	Ball Registration
		10:00	11:30	Official Practice Squad A
		11:30	12:40	Lane Maintenance
		12:40	14:10	Official Practice Squad B
		14:10	15:20	Lane Maintenance
		15:20	16:50	Official Practice Squad C
		17:50	19:50	**Opening Ceremony - Welcome Reception**
26-Oct	Monday	7:30	9:00	Lane Maintenance
		9:00	14:00	Men's 50+ Singles + Women's 65+ Singles Squad A
		14:00	15:10	Lane Maintenance
		15:10	20:10	Men's 65+ Singles + Women's 50+ Singles Squad A
27-Oct	Tuesday	7:30	9:00	Lane Maintenance
		9:00	14:00	Men's 50+ Singles + Women's 65+ Singles Squad B
		14:00	15:10	Lane Maintenance
		15:10	20:10	Men's 65+ Singles + Women's 50+ Singles Squad B
28-Oct	Wednesday	7:30	9:00	Lane Maintenance
		9:00	14:00	Men's 50+ Doubles + Women's 65+ Doubles Squad A
		14:00	15:10	Lane Maintenance
		14:15	14:45	**Medal Ceremony (Singles)**
		15:10	20:10	Men's 65+ Doubles + Women's 50+ Doubles Squad A
29-Oct	Thursday	7:30	9:00	Lane Maintenance
		9:00	14:00	Men's 50+ Doubles + Women's 65+ Doubles Squad B
		14:00	15:10	Lane Maintenance
		15:10	20:10	Men's 65+ Doubles + Women's 50+ Doubles Squad B
30-Oct	Friday	7:30	9:00	Lane Maintenance
		9:00	12:30	Men's 65+, Women's 50+ and Women's 65+ Team Block 1 Squad A

		12:30	13:40	Lane Maintenance
		12:45	13:15	**Medal Ceremony (Doubles)**
		13:40	17:10	Men's 65+, Women's 50+ and Women's 65+ Team Block 1 Squad B
		17:10	18:20	Lane Maintenance
		18:20	21:50	Men's 50+ Team Block 1
31-Oct	Saturday	7:30	9:00	Lane Maintenance
		9:00	12:30	Men's 65+, Women's 50+ and Women's 65+ Team Block 2 Squad B
		12:30	13:40	Lane Maintenance
		13:40	17:10	Men's 65+, Women's 50+ and Women's 65+ Team Block 2 Squad A
		17:10	18:20	Lane Maintenance
		18:20	21:50	Men's 50+ Team Block 2
1-Nov	Sunday	8:00	9:00	Lane Maintenance
		9:00	11:30	Men's 65+ Masters Block 1
		11:30	12:30	Lane Maintenance
		11:45	12:15	**Medal Ceremony (Team and All Events)**
		12:30	15:00	Women's 65+ Masters Block 1
		15:00	16:00	Lane Maintenance
		16:00	18:30	Men's 50+ Masters Block 1
2-Nov	Monday	8:00	9:00	Lane Maintenance
		9:00	11:30	Women's 50+ Masters Block 1
		11:30	12:30	Lane Maintenance
		12:30	15:00	Men's 65+ Masters Block 2
		15:00	16:00	Lane Maintenance
		16:00	18:30	Women's 65+ Masters Block 2
3-Nov	Tuesday	8:00	9:00	Lane Maintenance
		9:00	11:30	Men's 50+ Masters Block 2
		11:30	12:30	Lane Maintenance
		12:30	15:00	Women's 50+ Masters Block 2
		15:30	16:00	**Medal Ceremony (Masters)**
		16:00	18:30	Back to Official Hotel & Freshen Up
		19:30	21:30	**Victory Banquet at Hotel Livemax NAGASAKI AIRPORT**

5. BOWLING CENTER

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